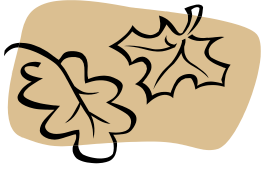






# Pleasant Hill CUSD #3 – September 2017 Cafeteria

Monday	Tuesday	Wednesday	Thursday	Friday
				<p>1 Donut, Cereal, Fruit, Milk &amp; Juice</p> <p>Hamburger w/Bun, Oven Fries, Peas, Fruit &amp; Milk</p>
<p>4</p> 	<p>5</p> <p>Cereal, Toast, Fruit, Milk &amp; Juice</p> <p>Nachos &amp; Cheese, Carrots, Black Olives, Fruit &amp; Milk</p>	<p>6</p> <p>Scrambled Eggs, Cereal, Toast, Milk &amp; Juice</p> <p>Corn Dog, Baked Beans, Corn, Fruit &amp; Milk</p>	<p>7</p> <p>Cereal, Toast, Fruit, Milk &amp; Juice</p> <p>Sausage Gravy &amp; Biscuit, Tator Tots, Fruit &amp; Milk</p>	<p>8</p> <p>Flapstick, Cereal, Fruit, Milk &amp; Juice</p> <p>Turkey Taco w/Soft Shell, Lettuce &amp; Cheese, Green Beans, Fruit &amp; Milk</p>
<p>11</p> <p>French Toast, Cereal, Fruit, Milk &amp; Juice</p> <p>Tenderloin w/Bun, Oven Fries, Cheese stick, Fruit &amp; Milk</p>	<p>12</p> <p>Cereal, Toast, Fruit, Milk &amp; Juice</p> <p>Goulash, Peas, Fruit, Bread &amp; Butter &amp; Milk</p>	<p>13</p> <p>Scrambled Eggs, Toast, Cereal, Fruit, Milk &amp; Juice</p> <p>Ham &amp; Cheese Sandwich, Seasoned Carrots, Cookie, Fruit &amp; Milk</p>	<p>14</p> <p>Cereal, Toast, Fruit, Milk &amp; Juice</p> <p>BBQ Chicken w/Bun, Baked Beans, Pretzels, Fruit &amp; Milk</p>	<p>15</p> <p>Breakfast Pizza, Cereal, Fruit, Milk &amp; Juice</p> <p>Sausage Pizza, Mixed Salad, Seasoned Corn, Fruit &amp; Milk</p>
<p>18</p> <p>Pancakes, Cereal, Fruit, Milk &amp; Juice</p> <p>Ravioli, Green Beans, Fruit, Bread &amp; Butter &amp; Milk</p>	<p>19</p> <p>Cereal, Toast, Fruit, Milk &amp; Juice</p> <p>Taco Lasagna, Mixed Salad, Fruit &amp; Milk</p>	<p>20</p> <p>Sausage Gravy w/Biscuit, Cereal, Fruit, Milk &amp; Juice</p> <p>Chicken Fajita w/Soft wrap, Lettuce &amp; Cheese, Peas, Fruit &amp; Milk</p>	<p>21</p> <p>Cereal, Toast, Fruit, Milk &amp; Juice</p> <p>Corn Dog, Baked Beans, Cookie, Fruit &amp; Milk</p>	<p>22</p> <p>Scrambled Eggs, Cereal, Toast, Fruit, Milk &amp; Juice</p> <p>Cheese Pizza Wedge, Corn, Fruit &amp; Milk</p>
<p>25</p> <p>French Toast, Cereal, Fruit, Milk &amp; Juice</p> <p>Chicken Fried Steak w/Bun, Oven Fries, Fruit &amp; Milk</p>	<p>26</p> <p>Cereal, Toast, Fruit, Milk &amp; Juice</p> <p>Burrito w/Salsa, Green Beans, Tostitos, Fruit &amp; Milk</p>	<p>27</p> <p>Breakfast Pizza, Cereal, Fruit, Milk &amp; Juice</p> <p>Salisbury Steak w/Brown Gravy, Whipped Potatoes, Corn, Fruit &amp; Milk</p>	<p>28</p> <p>Cereal, Toast, Fruit, Milk &amp; Juice</p> <p>Hot Dog w/Bun, Cowboy Beans, Pretzels, Fruit &amp; Milk</p>	<p>29</p> <p>Donut, Cereal, Fruit, Milk &amp; Juice</p> <p>Haystack, Celery, Sun Butter, Fruit &amp; Milk</p>